



NPAC NEWS

December, 2011

Volume 3, Issue 8

Special points of interest:

Wishbone Results

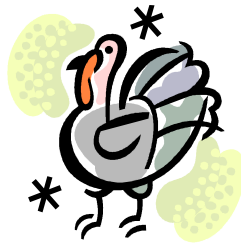
Championship Qualifiers

December at a Glance

Letter From Coach Patty

Gobbling Up Great Times

Thirty-eight swimmers participated in the Wishbone Invitational November 18th-20th.



There were 184 individual swims with 118 best times reported. Our BT percentage was 64%, NPAC swimmers posted 25 new Star Times—8 from the girls

and 17 from the boys! There were 13 new B times, 6 BB, 5 A, and 1 AA. Those swimming the majority of their swims in lifetime bests were Shannon Brice, Annie Conley, Emily Fleagle, Josh Handeland, Colton Keeler, Justice Kramer, Nicole McIntosh, Patrick McIntosh, Owen Mendenhall, Kelsey Nore, Brianna Rabjohns, Veronica Shilanski, Katy Spencer, Jessie Williamson, Josiah Winans, and

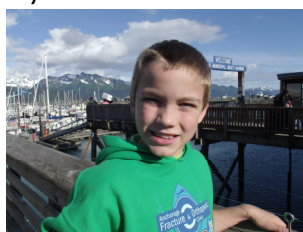
Micah Winans. The swimmers with 100% bests were Cameron Conley, Madison Harvey, Veronica Legerat, and Joseph Villa. The qualifying times that were posted at this meet were quite impressive. NPAC swimmers posted a total of 28 qualifying times for the upcoming championship meets in February and April. There were fifteen brand new qualifying swims posted for the Alaska Age

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Swimmer of the Month

Introducing December Swimmer of the Month—Kyle Slate!



Kyle has been swimming on NPAC for almost two years. He is part of our Silver group and has been making awesome improvements in his times and in his training. He is a great kid to coach because he loves to be in the pool,

listens well, and works hard. He has qualified for nine events for the 2012 Age Group Championships in February. Kyle is also a great teammate and encourages good training and competition among his fellow teammates.

Championship Season Shaping Up

NPAC has had an amazing season thus far! We have set ourselves up for an awesome championship season starting in the month of February on through to the end of the school year at the Junior Olympics in Anchorage. The number of qualifiers we have for the upcoming championship meets is greater than what our team has seen in the past five years. For the Great Alaska Open February 17-19 in Anchorage, we have nine qualifiers. They are Hannah Boatman, Mikayla Handeland, Nicole McIntosh, and Maria Villa, Josh Handeland, Justice Kramer, Kelsey Nore, Sean Preece, Thomas White. NPAC has nineteen qualified swimmers for the Alaska Age Group Championship February 24-26 in Juneau. They are Hannah Boatman, Shelby Brice, Anna Green, Nicole McIntosh, Brianna Rabjohns, Jaiden Rodgers, Kecrya Sam, Jessica Williamson, Cameron Conley, Josh Handeland, Justice Kramer, Jonathon McIntosh, Patrick McIntosh, Owen Mendenhall, Kyle Slate, Lane Slate, John Villa, Joseph Villa, and Josiah Winans. For the Junior Olympics April 26-29 in Anchorage, there are fifteen qualifiers. They are Hannah Boatman, Mikayla Handeland, Nicole McIntosh, Jaiden Rodgers, Maria Villa, Jessica Williamson, Joshua Handeland, Justice Kramer, Jonathon McIntosh, Patrick McIntosh, Kelsey Nore, Sean Preece, Joseph Villa, Thomas White, and Josiah Winans. In addition, NPAC will be travelling to the IMX Games in Gresham, Oregon in mid January with three swimmers who have earned more than 1500 IMX points to qualify. Those swimmers are Justice Kramer, Nicole McIntosh, and Hannah Boatman. We have several more meets to try and make more qualifying times, and get more kids qualified for the upcoming meets. Please take every opportunity to swim in the meets coming up and to sign up for those events that your swimmers are close in. Keep it up and go NPAC!

*The number of qualifiers we have for the upcoming championship meets is greater than what our team has seen in the past five years.—
Coach Patty*

Gobbling Up cont.

Group Championship meet February 24-26 in Juneau. Three swimmers made cuts for the championship for the very first time. Shelby Brice qualified in the 500 Free, Cameron Conley and Brianna Rabjohns both qualified for the 100 Back. All three of these swimmers can have the opportunity to make more cuts in the Novice Invite December 10th. For the Great Alaska Open in Anchorage February 17-19—five new qualifying swims were posted

by Josh Handeland, Justice Kramer, Kelsey Nore, and Sean Preece. For the Alaska Junior Olympics in Anchorage April 26-29, eight new qualifying swims were posted by Jessica Williamson, Josh Handeland, Kelsey Nore, and Josiah Winans. Two new qualifiers made their first cuts for the April championship. They are Patrick McIntosh in the 100 Fly and Joseph Villa in the 50 Free and 100 Fly. Overall,

the Wishbone meet went extremely well. We were quite impressed to see all of the fast Star Times and qualifying times that were posted by our awesome NPAC swimmers. We hope everyone is doing all they can to participate in the upcoming travel championship meets. It's a sacrifice financially, but is such an awesome and rewarding accomplishment for your athletes. Keep up the great work NPAC!

Christmas Break Schedule

The kids have half days December 19th-21st, so we will maintain our normal practice schedule those three days. We will be having practice from 4-6 pm all of Christmas break starting Wednesday, December 22nd through Friday, January 6th. All groups start at four, except for Porpoise Pac. They will practice from 5-6 pm. Saturday practice will remain as usual—8:30-10 am—these are open to all groups.

Letter From Coach Patty

I returned to NPAC almost three years ago out of necessity on both our parts. The organization was in need of an interim coach and I was in need of a job. Over the past three years I have grown to love my job with all my heart and am so grateful for the opportunity to work with your children. I believe that NPAC is an amazing organization to be a part of—you have yourselves to thank for that. In all my years of coaching, I have enjoyed working with this group of families more than any other. It is rare in life to find an occupation that one truly loves, and I can honestly say that I love my job.

So it is with a sad heart that I must announce my

resignation from NPAC—effective June 1, 2012 (or sooner if the club deems it necessary). It is my hope that the club will keep me on for the duration of the school year and through the spring championship season. It is my greatest desire to see the dedication and hard work of your kids come to fruition in the meets ahead. I would like to continue working for NPAC until the closing of the 2011/2012 season.

The climate of my life is such that I have had to make the difficult decision to leave our wonderful NPAC family. My responsibilities as a wife, mother, and business owner have all weighed in on my decision to resign. I wish the

Lord could give me more hours in the day so that I could do everything on my plate to the expectations that I so strongly desire. My years with NPAC as a swimmer first, coach next, and parent in the future (-;-), are some of the dearest, most special times in my life. I hope you all understand and will support me, as well as consider my recommendations for the future of our team.

Thanks for the time and energy that you invest in our kids, and thanks for your friendships—they mean so much to me. I will miss this part of my life so much. Swimming is the greatest sport in the world—Go NPAC!

Thanks for the time and energy that you invest in our kids, and thanks for your friendships—they mean so much to me. —Coach Patty

December at a Glance



12/5 NPAC General Meeting 6 pm Wescott
 12/11 Christy Slate's Birthday
 12/12 Northern Area Meeting 6 pm FAC

12/13 Jaquan (Jay) Aird's Birthday
 12/16 Julia Lovett's Birthday
 12/20 Lindsey Dreydoppel's Birthday
 12/20 Madison Harvey's Birthday
 12/23 Sean Preece's Birthday
 12/25 Christmas Day!



2011-2012 Schedule of Events

North Pole Aquatic Club

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North Pole, AK 99705

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Alaska Day Meet
October 15 Patty Pool
Halloween Meet
October 29 Wescott
Banana Meet
November 11-12 Valdez
Wishbone Invitational
November 18-19 Hamme
Novice Meet
December 10 Hamme Pool
Spring Will Come
January 7 Wescott
Valentine Meet
January 28 Patty Pool

Great Alaska Open
February 17-19 Anchorage
Alaska Age Group Champs
February 24-26 Juneau
St. Patty's Day Meet
March 10 Wescott
Age Group Sectionals
March 30-April 1 Seattle
Northern Area Champs
April 13-15 Hamme
House of Delegates Meeting
April 20-21 Anchorage
Alaska Junior Olympics
April 26-29 Anchorage

North Pole Aquatic Club Sponsors

Support our local sponsors! Their support provides our kids amazing opportunities to excel and grow in the wonderful sport of swimming!

\$500 Sponsors

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\$350 Sponsors

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 DLG Enterprises Residential Contractor
 GRS Controls, INC

Gold Rush Enterprises, LLC
 Klondike Kids

Glacier Point Plumbing and Thawing, LLC
 Polar Fuel

\$200 Sponsors

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Denali Center Fairbanks Memorial Hospital
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 Scentsy (Sara Mendenhall)*
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 A-1 Leather Goods
 Ghemm Company, INC
 Lilley Lodge, LLC (Assisted Living)

\$100 Sponsors

Evan L. Wheeler D.D.S., P.C.
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 Fairbanks Award makers, Inc
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 Santa Clause House
 Dr. Daniel Julius

***NPAC family owned businesses**

Swimming Fast in the Frozen North

WE'RE ON THE WEB!

NORTHPOLESWIMMING.ORG